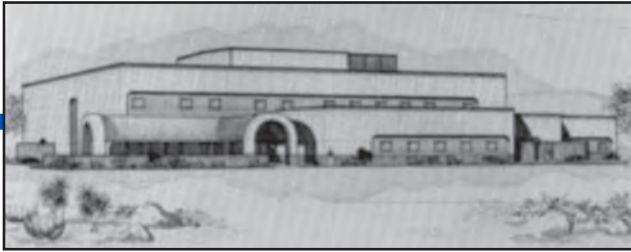


"Serving Tucson & Southern Arizona since 1947"



NEWS FROM *Square & Compass* CHILDREN'S CLINIC

2600 N. WYATT (520) 324-3864 TUCSON, ARIZONA 85712-6106

"Our only source of funds is donations and bequests"

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Silhouettes



Ivan The Incredible!

If you would like to see an example of positive attitude and accomplishment, just take a look at Ivan. Ivan is an intelligent and delightful young 22 year old who lives his life to the fullest. Though he does not speak, he definitely makes himself understood, especially to his loving parents who provide him with a strong foundation of support. Ivan is an only child so his parents devote their time to giving him the care he needs. His dad stays home with him while his mom works. He also has a foster mother who has helped with his care for the past four years. She has a 13 year old and a 4 year old of her own, and they really like Ivan, but then what is not to like? Ivan is such a delightful and positive young man.

Ivan has been coming to the Square & Compass Building for his medical care since he was seven years old. Throughout the years, some of the doctors who have shared and played an intricate part in his care are Connie Conant, his Physical Therapist, Dr. Nielson, his Orthopedist, Dr. Gray, his Neurologist, Dr. Perry, his G-Tube Specialist, Dr. Pasternak, his Primary Care Physician, and Melissa Davis, Registered Dietician. Ivan is diagnosed with cerebral palsy, severe



seizures, and congenital tracheomalacia, which is a weakness and floppiness of the walls of the trachea, or windpipe. Tracheomalacia is present at birth and is very uncommon. It occurs when the cartilage in the trachea has not developed properly. Because the windpipe is the main airway, breathing difficulties begin soon after birth. Some of the equipment he uses to help in his healthcare are a trache along with a humidifier to keep moisture in his trache, a suction machine to help keep his airway clear, a nebulizer, a g-tube to aid in his nutrition, and wheelchairs. He also does Vest Therapy which also helps to keep his airway clear.

Ivan was home schooled by his mother until he was 15 years old. Then he attended public school for a time before he got his trache. Ivan loved going to school and especially riding the bus. He also loves being around people, however, now due to his trache, he is not able to attend public places.

One of his greatest milestones happened to Ivan in May of 2014; he graduated from Sunnyside High School. He was the first student in the history of the school to graduate via Skype. Graduation night was an unforgettable memory for Ivan and his family. He was all dressed up for his commencement and his family all sat around Ivan in front of the screen when Ivan's name and the reception of his High School diploma were



Continued on page 2

Child Life is The Spice of Life

We are very fortunate to have Rahda Dalal as the Child Life Specialist here at the clinic. Rahda comes to us from California where she was born and raised. She attended college and did her undergraduate studies. Then, while doing her Masters, Rahda taught preschool working with 2-5 year olds for about three years. During Graduate School, one of her professors introduced her to the Child Life profession. She worked as a Child Life volunteer for over a year in various hospitals to gain experience and to see if this was really what she wanted to pursue. Rahda then got an internship working in this field, passed her certification exam, and became a Child Life Specialist. While searching for a Child Life Specialist position, she expanded her job search into the Western region and found her current position with our partner Children's Clinics.

One of Rahda's favorite things about her job is that she has an opportunity to do a little of everything. Some of the fun things that she does is organize and coordinate special events for the children such as the Back to School event, the annual Halloween party, the Easter celebration, and the big Christmas event for the children and their families. She really enjoys organizing these events, from planning them, to inviting special guests to help, to purchasing gifts, toys, candy, prizes, etc. She loves the way everyone is so supportive of her efforts.

Another part of Rahda's job that she really enjoys is providing semi-clinic coverage. Whenever a clinic needs to perform a procedure, Rahda is sometimes called to help with the child. She establishes a rapport with them to lower the stress level when the child is being tested or undergoing a procedure by distracting them with toys, bubbles, or simply talking with them to make the procedure less traumatic. She also helps the family with words they can possibly use with the kids to help avoid the trauma of things like needles



and equipment noises. Rahda works at helping make the clinic more child friendly by using things like colorful bandage wraps and character band aids. Also, in coordination with TMC, Rahda provides pre-op tours when a child is going to have surgery. She will give them a tour of the facility and walk the child and the family through the procedure explaining each step so they will not be afraid.

As a Volunteer Coordinator, Rahda gets to meet lots of interesting and caring people. She is responsible for recruiting volunteers, providing them with an orientation, and assigning them with tasks that are appropriate for them and their schedules.

In her spare time, Rahda enjoys cultural dancing, photography, hiking, and she loves the outdoors. She also mentioned that one of her goals is to write a children's book, which presently is a work in progress.

Rahda says that working at the clinic is the best job ever. She describes it as the beginning of a dream for her; she never expected to love her job and the population she is surrounded with this much! Little does she know that the children she helps are the lucky ones!

Ivan The Incredible! continued from page 1

announced. His family cheered and jumped up with joy and Ivan was, of course, overwhelmed with happiness. What a moment to remember!

Ivan now works very hard on something he loves to do. With the help of his father, he does digital painting with one finger on the computer. They create art projects which they turn into greeting cards. They also frame some of his artwork and show some on Facebook. They are working on creating a blog on the internet as well. Another thing Ivan enjoys is music. With the help of a computer app, electric drums, and

his dad, he plays music on the internet. Ivan portrays some of his musical and artistic talents on the internet which he and his dad gladly invite anyone to view on www.youtube.com. Search for Saby7 to view Ivan's videos.

Square & Compass Children's Clinic helps children such as Ivan receive complex medical care and equipment on a daily basis with the help of contributions made by generous donors. Your thoughtful donations, also, help lessen the burden on families that face these complicated issues every day.

The Finishing Touch

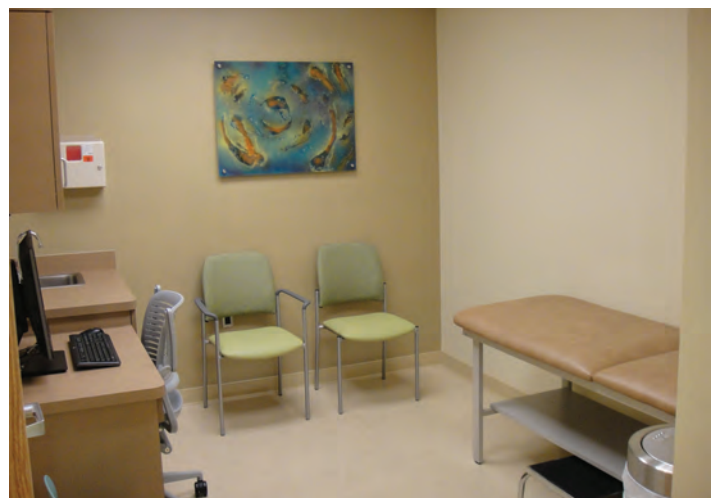
Square & Compass Children's Clinic is very pleased to announce the completion of our final phase of renovations at the Square & Compass Building. The renovations to our facility began in 2010 when three quarters of the first floor was renovated. This project was followed by renovations to the Rehab Department, Dental Suite, and half of the second floor; over a three year period. This summer we completed the construction projects by renovating the south side of the second floor. This newly renovated area is the new home for the Primary Care department, which was previously located on the first floor.



Primary Care patients and families are welcomed in a beautiful reception area (pictured here) that complements the rest of the clinic suites. The new Primary Care suite includes twelve exam rooms, a sick waiting room, a lab, autoclave, five offices for doctors, an office for the Primary Care Social Worker, and a spacious nurse's station. The expansion of Primary Care, from a six room unit to a twelve room unit, will allow the clinic to grow and serve more children in our community. Moving Primary Care upstairs has, also, freed up clinic space on the first floor that will be used to expand currently offered specialty clinics or allow for new specialties to be offered to patients

and families that come to the clinic for care. This unit will be called Suite 3.

Square & Compass, along with our partner Children's Clinics, continues to look for ways to grow and expand our services to help the children of Southern Arizona. Our tradition of helping children and families that face complex medical conditions every day, has been unwavering since 1947. The extensive renovations and improvements that we've made to the Square & Compass Building show our commitment to that mission and, when combined with your generous contributions, will allow us to serve children long into the future.



Thank You!

As supporters of Square & Compass Children's Clinic **you** play a significant role in improving the health and lives of **thousands** of children.

In 2013, there were over **24,000** patient visits in the following clinics:

Audiology
Cardiology
Cerebral Palsy
Dental
Endocrinology
Ear, Nose, & Throat
Feeding
Gastroenterology
Genetics
Myelomeningocele
Nephrology
Neuro-surgery
Neuro-epilepsy
Neurocutaneous
Neurology
Neuromuscular
Nutrition
Occupational Therapy
Ophthalmology
Oral-Maxillary
Orofacial
Orthodontia
Orthopaedics
Palate Surgery
Pediatric Surgery
Physical Medicine
Physical Therapy
Plastic Surgery
Primary Care
Rheumatology
Scoliosis
Sickle Cell
Spasticity
Speech Therapy
Upper Extremity
Urology
Wheelchair

In addition, we support Children's Clinics' ancillary services for patients and their families:

Child Life Specialist
Educational Support
Nutritionist
On-site Radiology & Lab
Patient & Family Services
Pet Therapy
Psychology
RN Coordinators

A Message From The Executive Director

Dear Friends,

The opening of the new Primary Care unit marks the completion of major renovations at the Square & Compass Building and we could not provide this beautiful facility for medically challenged children and their families without the help of our thoughtful donors. With your generous support we have created a unique facility that is welcoming, as well as, functional. We are confident in the growth of our services, organization, investments, and the donors that make our mission possible.

In keeping with the vision first realized in 1947 and your generous contributions, we continue to help patients in need on a daily basis. Please consider making a bequest to Square & Compass Children's Clinic in your will so that together we can continue to provide aid to children for many more years to come.

In appreciation,

Amy Burke
Executive Director

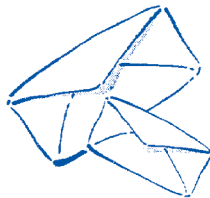
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Comments, Questions, Suggestions?

We would love to hear from you. Our address is:

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