

Silhouettes

Square & Compass Children's Clinic

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"Serving Tucson & Southern Arizona since 1947"



Rollin' with Cayden

Cayden is a beautiful, bright 16-year-old young lady starting her junior year at Sahuaro High School. She is somewhat shy, but does have an engaging smile that lights up her whole face. Her mother, Courtney, has been coming to Children's Clinic's since she was five months pregnant with Cayden on the recommendation of the staff at St. Joseph's Hospital after receiving the news that she would be born with bilateral complete cleft lip and palate. Cayden was born with a very large fistula in the palate on her left side. There are fewer than 20,000 cases of bilateral complete cleft lip and palate per year reported. Cleft lip and palate is described as an opening or split in the upper lip and roof of the mouth or both that extends from both sides of the lip into both nostrils. Genetics can be one cause of this abnormality, although, in Cayden's case there is no known family history. Symptoms range from speech difficulties, impaired voice, missing teeth, ear infections and feeding difficulties to name a few. Many years and 14 surgeries later, Cayden is facing more procedures including getting braces in the near future.

Many people have played a part in Cayden's care, but Courtney and Cayden would especially like to give a special thank you to Colleen McDonald, her social worker and her surgeons: Dr. Hurst, Dr. Whitacre, and Dr. John Collins. Also, her orthodontist, Dr. Lindsey Don. They have been beside the family every step of the way.

Cayden participates in a sport some of us might think of as somewhat unusual. She participates on the Tucson Roller Derby Brats and Cayden goes by the name "Tootsie Roller". She has an older sister who is 19 and will be competing with the women's team. She also has a 24-year-old brother. Cayden and her sister do enjoy time together watching movies and playing video games although with Cayden's new part time job that may limit their sister time. After a year of "virtual school", Cayden is resuming in class learning and is looking forward to seeing her friends and classmates. Cayden thoroughly enjoys her art classes at Sahuaro, but does

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not want to play favorites with any particular teacher or class. She is happy to assist her mother in the kitchen with baking; that is one of her passions according to Courtney. Another is her love of sharing Mexican food with her family and friends. Just do not ask Cayden to accompany you for a fish/seafood meal. Looking ahead to her future, Cayden is uncertain as to where her academic path may take her, perhaps the medical field to assist others facing the same obstacles she has encountered, or perhaps professional roller derby. Whatever route Cayden's life takes her, be assured she will excel.

Courtney, Cayden's mom, has nothing but praise for the assistance from Children's Clinic's and Square & Compass. Square & Compass is able to assist kids like Cayden with the help of generous donors like you.

Your thoughtful donations help lessen the burden on families that face complicated medical conditions every day.



KIDS Helping KIDS



My name is Rhaena Martinez. I am thirteen years old and I am currently a student at Pueblo Middle School in Chandler, AZ. I am also a member of Mesa Assembly Number 9, Mesa, AZ, International Order of Rainbow for Girls.

Being the Worthy Advisor of Mesa Assembly Number 9 comes with the responsibility of choosing a charity for a fundraising project. For my year, I choose to raise money to help pay for one or two of the specialty bicycles built at the Square & Compass Clinic in Tucson, Arizona and at the Shriner's Hospital for Children in Salt Lake City, Utah for children with special needs.

After seeing the Special Needs Bikes that are built for the special needs children at these facilities, I thought that everyone could relate to the need for these special bikes and they would be willing to donate to help with the cost of building of these bikes.

My goal was to raise \$5000 and with the help of my Assembly and our advisors we made lots of sales of cotton candy, chocolate bars, popcorn and raffle tickets for a clock built and donated by Worshipful Brother James Gier of Sy Harrison Masonic Lodge #70 in Payson, AZ.

I am proud to say that after a lot of hard work and with the support of our adult advisors my goal was achieved.

Being involved with this project has been an amazing highlight to my year as Worthy Advisor. Working with the children and adults at the Square & Compass Clinic and at the Shriner's Hospital for Children has been very rewarding and something I plan to continue in the future.

I have been touched by the special needs children and their ability to achieve great things while smiling and having fun along the way.

Rhaena Martinez, Worthy Advisor
Mesa Assembly Number 9
International Order of Rainbow for Girls



Thank you, Rhaena and Mesa Assembly No. 9 for the hard work that resulted in your kind and generous donation to the Adaptive Recreation Bicycle Program. Keep up the great work. It's awesome to see kids helping kids in our community.

What's New at the Clinic?

Autism Center of Excellence Opens at Children's Clinics – First of its Kind

Children's Clinics, has officially opened their long-awaited Center of Excellence for children diagnosed with Autism on April 27, 2021. The Autism Center of Excellence is designed for recently diagnosed children with autism who also have a complex medical condition.

The Center of Excellence (COE) combines a myriad of services that families often struggle to access in a timely, affordable way by bringing the experts they need together in one, convenient location. By taking a multidisciplinary approach, the care team can collaborate together to assess the patient and offer an individualized treatment plan that will assist families in navigating complex medical systems.

Up to nine different members of the care team work collaboratively to provide families with the support and education they require to better advocate for their child's needs while providing direct access to this cutting edge model of care. The care team is comprised of the following: Board Certified Developmental Behavioral Pediatrician, Board Certified Behavior Analyst, Speech Language Pathologist, Occupational Therapist, Physical Therapist, Registered Dietitian, Registered Nurse, Social Worker and a Child Life Specialist.

"The ideal outcome is for patients and families to be supported in making progress in areas they identify as problematic such as behavior, social skills and overall quality of life" says Melissa Ritchey, Chief Clinical Officer at Children's Clinics.

This project was made possible by generous funding provided by Angel Charity for Children, a local nonprofit that has donated and helped over one million children in Pima County by raising money for other local nonprofits in the community.



Photos courtesy of Solaris Photography.

THANK YOU!

As supporters of Square & Compass Children's Clinic **you** play a significant role in improving the health and lives of **thousands** of children.

In 2020, there were over **33,000** patient visits in the following clinics:

Audiology	Occupational Therapy
Baclophen Pump	Ophthalmology
Behavioral Health	Optometry
Cardiology	Oral-Maxillary
Cerebral Palsy	Orthodontia
Dental	Orthopedics
Dermatology	Osteogenesis Imperfecta
Developmental Pediatrics	Pediatric Palliative Care
Down Syndrome	Pediatric Surgery
Endocrinology	Pediatrics
Ear, Nose, & Throat	Physical Therapy
Feeding	Plastic Surgery
Gastroenterology	Primary Care
Genetics	Rheumatology
Metabolic	Sickle Cell
Myelomeningocele (Child & Teen)	Sleep Disorders
Nephrology	Spasticity
Neuro-surgery	Speech Therapy
Neuro-epilepsy	Spinal Cord
Neurocutaneous	Upper Extremity
Neurology	Urology
Neuromuscular	Wheelchair
Nutrition	

In addition, we support Children's Clinics' ancillary services for patients and their families:

Child Life Specialist	Patient & Family Services
Educational Support	
On-site Radiology & Lab	Pet Therapy
	RN Coordinators

A Message from the Executive Director

Dear Friends,

This past year has certainly presented its challenges, but your continued loyalty and support was not one of them. Your generous support, through the good times and bad, have made it possible for us to continue to serve Cayden, and other kids like her, throughout this turbulent year. We are truly grateful for our donors, volunteers, and all those who support the clinic in so many ways.

We are also grateful to our partner, Children's Clinics. They have truly risen above the challenge and adapted in innovative ways to continue to provide care for the thousands of kids with complex medical conditions, that are patients in our facility. Ours is a remarkable partnership that continues to thrive as we rely on each other to complete our missions.

Now, as we are moving past this trying time in our history, there are some new and exciting things on the horizon at the clinic. We are in the process of installing new flooring and putting a fresh coat of paint on the areas of the first floor that were not renovated during the Angel Charities project last year and the lobby is being renovated with some amazing and engaging features that kids of all ages will love.

Please consider making a tax-deductible donation today to help us continue our mission. You are welcome to make a donation through our website and we are a Qualifying Tax Credit Organization, as well. Our QCO code is 20476. Another way to help, and continue your legacy as well as ours, is by making a bequest to Square & Compass Children's Clinic in your will. We greatly appreciate your support and so do the kids we help everyday.

With Gratitude,

Amy Burke | Executive Director

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Betty G. Alphin – Editor

