

A Road Trip

THROUGH
**Children's
Clinics**



Children's
Clinics

Comprehensive Care for Kids & Teens



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- | | | |
|-------------------|------------------|----------------|
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A Monumental Voyage So Far

“Our culture of excellence is our advocacy for our patients”
– Jared Perkins
CEO

The children and families who come to us for care are not just patients—they're part of our community.

Community begins with a feeling, an attitude, a sense of welcome that starts before a family even walks through our doors. In medical circles, our model is known as an integrated multidisciplinary clinic, which means that many different specialists in many different fields are all working together in the same place toward the same goals.

In practical terms, this means that we all trust and support one another, that we value each other's unique skills and insights that we know how important each and every person is to each child's health. Cardiologists and social workers, psychologists and audiologists, optometrists, and dentists all collaborate, creating unique bonds with each other across specialties that, in more traditional medical settings, simply don't have a chance to develop.

Everyone who works and volunteers in our 26 specialty clinics, administrative offices, toy drives, and adaptive programming relies on everyone else for their expertise and support, and we welcome the families who come to us into that atmosphere of trust and collaboration. We even have a Family Advisory Board, so that parents can help shape the programs at Children's Clinics.

Collaboration is the key to providing care for children with complex medical conditions—some of their needs can go unmet in more siloed, traditional medical environments. But community is the key to our success at Children's Clinics, inspiring everyone on our team to new heights.

This year, we earned the Cleft Care Center of Excellence Certification from the American Cleft Palate-Craniofacial Association. This honors the whole Cleft Care team, spanning ten different medical and social-service disciplines. Also this year, we celebrate a perfect score and the Gold Seal of Approval from the Joint Commission, a national medical accrediting body, meaning that we meet the most rigorous quality and safety standards in patient care.

Where will the Road Take us Next

When Children's Clinics began more than 30 years ago, we wanted to create a different kind of care center, one that honors the goals and dreams of families living with medical complexity. Today, as the Southern Arizona provider for the Arizona Health Care Cost Containment System (AHCCCS) Children's Rehabilitative Services program, we see more children than ever, but in the coming year we will be working even harder to ensure that every family who needs our services finds us and comes to us for exceptional care.

Thank you for being part of the Children's Clinics community. We can't wait to see where this journey will take us next.

With gratitude,

Jared & Tracy

We are grateful for our community partnerships that fuel our impact.



Jared Perkins
Chief Executive Officer



Tracy Nuckolls
President, Board of Directors



Special Clinics & Services

- Brace Check Clinic
- Care Coordination
- Child Life Specialists
- Comprehensive Assessment
- Craniofacial
- Deaf/Hard of Hearing
- Educational Support
- Equipment Clinic
- Field Clinics
- Hearing Aide Evaluation
- Integrative Medicine Specialists
- Record Interpretation/ Translation
- Lab/Phlebotomy
- Neuroepilepsy
- Neurofibromatosis
- Neurospasticity
- Metabolic
- Orthotics
- Patient Advocacy
- Pet Therapy
- Prosthetics
- Spasticity Clinic
- Wheelchair Clinic
- Integrated Medical
- X-ray/Imaging



Primary Care

- Pediatrics
- Internal Medicine

Multidisciplinary Clinics

- Cerebral Palsy
- Cleft Lip/Palate
- Cochlear Implant
- Down Syndrome
- Neurocutaneous Clinic
- Neuromuscular Clinic
- Oral Maxillary
- Osteogenesis Imperfecta
- Sickle Cell
- Spina Bifida
- Palliative Care
- Autism Spectrum Disorder – New!

Pediatric Specialties

- Anesthesiology
- Cardiology
- Dental & Orthodontia
- Developmental Pediatrics
- Endocrinology
- Ear, Nose & Throat
- Gastroenterology
- Genetics
- Hematology
- Nephrology
- Neurology
- Neurosurgery
- Ophthalmology
- Optometry
- Orthopedics
- Pediatric Surgery
- PMR
- Plastic Surgery
- Pulmonology
- Urology
- Wound Care

Behavioral Health

- BCBA
- LMSW/LCSW
- Psychology
- Neuropsychology
- Child/Adolescent Psychiatry
- Family Support Services



Therapies

- Audiology
- Feeding Therapy
- Nutrition
- Occupational Therapy
- Physical Therapy
- Speech & Language Therapy

Childhood Experiences

- Adaptive Recreation
- Back-to-School Fair
- Holiday Toy Days
- Inclusive Halloween
- Spring Festival
- Teen Group

More than a Medical Home

We believe that play is integral in a child's overall well-being and healthcare journey. Our Childhood Experiences programming offers four quarterly signature events along with our adaptive recreation programming and family-centered community offerings to provide fun and meaningful memories in the lives of our families. These essential programs are 100% philanthropically funded and volunteer supported from our Children's Clinics community.

Going the Extra Mile with Childhood Experiences

- On April 6, our Spring Carnival offered families an inclusive, sport-focused afternoon at the clinic. With friends from Therapeutic Ranch for Animals and Kids and the magical, musical talents of Mr. Nature, the Children's Clinics family celebrated the beautiful Sonoran spring with over 144 families.
- Our families start the school year off with confidence with the help of our Back-to-School Fair. With support from the Chapman Cares Team and Starlight Children's Foundation, we gifted over 600 backpacks filled with school supplies to our patients and their siblings. Talented and compassionate hairstylists from Supercuts shared provided 600 haircuts and vouchers for our kids.
- We reintroduced our in-person Adaptive Recreation programming with two sessions of soccer and introduced our new Theatre & Improvisation Group at Live Theatre Workshop.
- Our community's most anticipated destination of the year is our Halloween Celebration on October 28! Our staff take costumes seriously and our families are invited to visit with their providers through an adaptive haunted house and trick-or-treating throughout the clinic
- Santa and his elves will make a special stop at our Holiday Toy Market on December 7 with music, crafts, and toys for all to enjoy.





Our Family's Journey



"Everyone is welcome here, You really feel it."

- Kimberly

On our way!



"Oh, I'm all in on Children's Clinics," says Kimberly, a mother of three children, all of whom receive care at Children's Clinics. "It honestly feels like a second home. Everyone knows us, and everyone cares."

Kimberly's daughter, Olivia, and her son, Patrick, live with complex medical conditions and require care across the clinic. Her other son, Alex, has no pediatric illnesses, but Kimberly brings him to Children's Clinics Primary Care for his routine checkups, because she feels so comfortable with the doctors here and knows that they have the whole family's health in mind.

Kimberly says, "The clinic is a place where you can bring the entire family, interact with Child Life, do crafts and games in the lobby. The staff, volunteers, and providers are all looking out for my kids. It is so nice to let my kids explore the clinic. It's a really safe place."

Kimberly and her three children are sometimes at the clinic multiple days a week, so that feeling of comfort, safety, and freedom is incredibly important to her. It's also important that all of her children's records for all of their specialists are in the same place, so that her doctors "can really be on it," as she puts it.

In addition to the Primary Care services at Children's Clinics, the family also visits the Neuromuscular Clinic, Ophthalmology Clinic, Behavioral Health Services, and Rehabilitative Services. The fact that all of these specialties are integrated with Primary Care makes a big difference to Kimberly.

"We've needed surgical procedures, and it was very easy for our Primary Care doctor to advocate for them with the surgeons, because they all know each other and work together, so they already have that trust in each other," says Kimberly. "You can go to anyone here with a concern, or with praise, or if you're just really stressed out, and they all welcome you with open arms, right up to the whole executive team and the CEO."

Kimberly was inspired by the care that her family receives at Children's Clinics to become part of the Family Advisory Board, which is composed of parents, families, past patients, and caregivers, who meet bimonthly to provide feedback to care teams and have a voice in how the clinic operates. Kimberly is also a member of the Adaptive Recreation Committee and has seen the incredibly positive impact of adaptive tricycles, soccer, and tennis, for her own children and other families.

"Everyone comes together here for the health of the kids," Kimberly says. She gives the example of needing help in the middle of the night and calling the on-call helpline.

"When you need help in the middle of the night and your child has a complex illness like spina bifida, it can be challenging to communicate what you need," says Kimberly. "When I called, one of our regular Primary Care RNs answered the phone, and I just about cried. She already knew us, and she gave me great instructions about how to solve the issue we were having. That's not the kind of treatment you can get just anywhere—I speak from experience."

Kimberly and her kids come to the Halloween party every year at Children's Clinics, as well as Toy Days and the Spring Carnival. Olivia has played Adaptive Soccer three of the last four years.

"Everyone is welcome here," says Kimberly. "You really feel it."



Destination: Primary Care



When families begin their healing journeys at Children's Clinics, one of the first people they meet is Ana Chavez, LMSW, our Primary Care Medical Social Worker.

Ana welcomes children when they come to the clinic and gets to know their families, interviewing them to create a comprehensive assessment that will help chart the course for their care. She works closely with our three primary care pediatricians to make sure that both the children and their families get the help they need.

"I find out first about their medical situation," says Ana. "It's a very open and honest conversation with the whole family, so I ask how they're doing emotionally, what kind of community support they have at home, where they might need additional resources. I let them know about the therapy sessions they can have, if they need them."

Children's Clinics offers free therapy sessions with our Licensed Clinical Social Workers to each and every family who wants them. These sessions provide psychological and practical support, helping families cope with emotionally complex issues, like feelings of helplessness and grief, and also everyday challenges, like transportation needs and language barriers.

"I love just being with the families," says Ana. She studied psychology in college, and she says that training helped her understand how to listen to people, how to interpret the nuances of their feelings, even when they can't always find words for the exact things that they need.

Ana says, "One of the most important aspects of Children's Clinics is the trust and open communication we have, not just with the

families but also between staff members. The doctors and specialists constantly collaborate with each other and the social workers, and we all share information and strategies all the time. Our team feels like a family, and we welcome new patients like they're already part of the family."

Ana has been with Children's Clinics for more than 15 years. She has relationships with many children who originally came to Children's Clinics when they were just starting grade school and who are now in their teens.

In addition to our three primary care pediatricians, our team also includes two dedicated pediatric nurses in primary care, who work closely with Ana. They all take part not just in medical care but also in social events and meals with the families.

"I love the signature events," says Ana. "All the families are invited to share in the celebrations with one another and the staff. We have a great time at holiday parties and Halloween, when the kids and the clinic team all dress up and really have fun with each other."

Having a child with complex medical needs—a child who struggles with some aspects of everyday life—can be confusing and stressful, so Ana says it's important for her to be sensitive to how her clients express themselves and to be present to their emotional experiences. Her role is to match the practical resources at Children's Clinics with the medical and emotional needs that arise out of difficult situations.

"I won't lie," says Ana. "Some days can be heartbreaking. But our whole team approaches our work with the question, 'how can we make this situation better?' Working together as a team, as a family, we can make a real difference in a child's life."

2022 Impact

37,587
TOTAL VISITS

6,328
TOTAL UNIQUE PATIENTS

Patient Experience

9.66/10
SATISFACTION WITH VISIT

87.15/100
OVERALL LIKELIHOOD TO RECOMMEND

Total Children Served by Childhood Experiences

600
ESSENTIAL SCHOOL SUPPLIES PROVIDED BY CHAPMAN CARES TEAM

600
HAIRCUTS PROVIDED BY SUPERCUTS

Adaptive Recreation Participants

62
PARTICIPANTS

of Volunteers and Hours

1,974
VOLUNTEER IN-CLINIC HOURS

301
VOLUNTEERS



VOLUNTEERS
Those You Meet Along the Way

People don't often think of pediatric hospitals as joyful places, but that's how our weekly volunteer Preya describes Children's Clinics.

"It's honestly a fun place to go," Preya says. "I wish we lived in a world where everyone was perfectly healthy and Children's Clinics wasn't necessary, but the atmosphere and the people here help bring the joy out in the kids, even under difficult circumstances. That makes doing the little things that help them really enjoyable."

Preya is a student at the University of Arizona and wants to become a pediatrician. As a volunteer at Children's Clinics, she does a hundred tasks around the campus that help the clinic run smoothly, from helping with medical tests to cleaning exam rooms and equipment. She welcomes families when they arrive at the clinic, plays with the kids while they wait for their appointments, and helps out with group activities.

"Are some of the tasks tedious?" Preya asks. "Yes! But I actually like doing those kinds of things, because I know I'm directly helping the specialists and therapists help the kids, and it also helps me understand what I'll eventually be doing as a pediatrician. Witnessing the impact that the treatments make to the children and families is incredibly rewarding."

Preya first came to Children's Clinics as part of a volunteer group at the university, but she has continued volunteering on her own. And many people here are like Preya—many of our medical doctors, specialists, and therapists work full-time at their own practices or at other hospitals around town and volunteer their time at Children's Clinics, because they believe in the unique model of care we offer. Preya says, "I've always loved working with kids, but volunteering at Children's Clinics made me sure I wanted to go into

pediatrics. The team here is almost like a family, and even though I'm here only one day a week, I feel like my one day really matters. Everyone on staff is always willing to share their knowledge and understanding with me, and that helps me help the children."

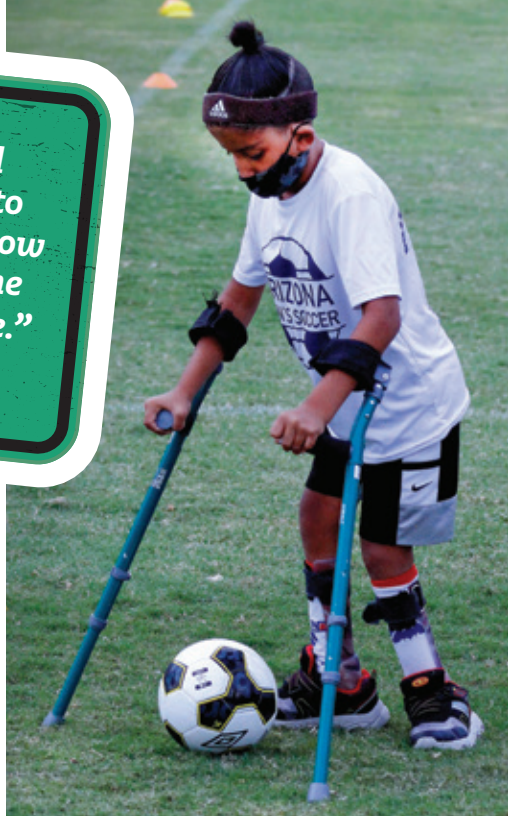
Preya's favorite activities at Children's Clinics are the adaptive sports, where kids use specially modified equipment to allow them to safely play soccer, tennis, and other sports. She also enjoys working with children in crafts activities like Beads of Courage, where children going through treatments make their own jewelry out of colorful beads, which represent various aspects of their healing journeys.

"It's hard to explain to people just how much fun the children have," says Preya. "They have tough challenges in their lives, obviously, but at the end of the day, they're kids, and they like to laugh and clown around and kick a soccer ball, just like any other kids."

Preya says that the sense of normalcy the children experience here is also good for their parents, who can sometimes feel overwhelmed by worry and don't always get to see their kids having fun with other children. Parents also have opportunities to get to know other parents at adaptive sports and social events, and they become a community for one another.

"The doctors here are absolutely amazing," Preya says. "That's where it all starts. But everyone here has a kind of family attitude toward the kids and each other, and that makes it feel like a very hopeful place to be."

*"It's hard to explain to people just how much fun the children have."
— Preya*





Two Wheels Carry the Soul



When one of our volunteers, Hank, proposed bicycling the entire length of Route 66 to raise awareness and money for our Adaptive Recreation program, we had a few questions. Okay, to be perfectly honest, maybe we did think it was just a little crazy—that's 2,500 miles! On a bike! But Hank made us true believers.

One of the great things about our guiding philosophy at Children's Clinics—caring for the whole child and the whole family—is the emphasis we put on relationships. Our model of caring has a special focus on developing relationships, and this openness extends not just to our clients but to everyone in the community around us—medical specialists, volunteers, administrators, and all the people who make caring for children possible. We like to think of Children's Clinics as a family, and each member of our extended family has unique strengths all their own. So when Hank proposed this idea—to ride from Santa Monica, California, all the way to Chicago, because of his special passion for helping kids ride bikes—we were all ears.

Hank says, "My inspiration is giving these kids, who otherwise wouldn't get to ride at all, the feeling of getting out in the sunshine, feeling like they're free, literally having the wind in their hair. That's what I love about bicycling, and I want to share it."

Hank first learned about Children's Clinics when he was out on a ride. "I came upon a couple of kids on bikes. They were out with their physical therapist, and she told me about the program. I watched these kids pedal up this long, steep hill by themselves, and when we all got to the top, we hugged, and I was hooked. These kids have real determination."

Hank learned that volunteers help build and maintain the special, adaptive bikes and trikes that the kids need, and he thought to himself, "Let's get this done." He's been volunteering with Children's Clinics ever since.

Hank hails from an illustrious Tucson sporting family. His grandfather was legendary Arizona baseball player and coach Frank Sancet—a member of the National Collegiate Baseball Hall of Fame and the namesake of the outdoor baseball stadium at the University of Arizona.

A retired middle school teacher, Hank now works at Tucson Endurance Performance Center, repairing and selling bikes, and he brings a lifetime of expertise and enthusiasm to making our Adaptive Bicycles and Tricycles. "It's very cathartic for me, to help fit these kids with special bikes," says Hank. "I'm glad that I can just help."

But Hank took "just helping" to a whole new level when he set off from Santa Monica Pier on March 31, 2022. Averaging 35 miles a day, his odyssey across America took him through the Mojave Desert and the Navajo Nation, across the Great Plains and the Mighty Mississippi, and finally to the shores of Lake Michigan at Chicago, all in just two months! Along the way, he appeared on podcasts, chronicled his experiences in a blog, and posted pictures of his journey on Facebook, all to help spread awareness of Children's Clinics.

"The ride was a fantastic experience," says Hank. "Some days were hard, but whenever I felt like I was facing a challenge, I thought about the kids at the clinic, how much effort they put into riding and how much joy it brings them, and I pushed through."



Come along on our ride

Earn a dollar-for-dollar credit on your Arizona state taxes by giving to your favorite charity!



On our journey this past year, Square & Compass has fulfilled 1065 requests for medical assistance to children for items such as:

- Prescriptions
- Genetic Testing
- Lab Work & X-rays
- Medical ID Bracelets
- Feeding Aids & Tools
- Nutritional Supplements
- Ultrasounds & Other Imaging
- Compression Garments & Braces
- Doctor Visits & Outpatient Hospital Procedures
- Transportation to Doctor Visits at the Clinic
- Various Health & Mobility Aids not covered by insurance

The Arizona Charitable Tax Credit is available for contributions made to organizations like Children's Clinics that provide critical services to our community. Every dollar you donate (up to the maximum) can come back to you as a reduced tax bill or an increased refund. Make your gift to Children's Clinics today! www.childrensclinics.org/donate

\$400 Maximum – single taxpayer or head of household

\$800 Maximum – married filing jointly

Children's Clinics is a Qualified Charitable Organization (QCO) and proud participant in the Arizona Charitable Tax Credit Coalition, a collaboration between 45 local Southern Arizona nonprofits. Children's Clinics works closely with fellow charities to spread the word about the QCO tax credit. This is a mutually beneficial partnership that has allowed taxpayers to better support their favorite causes.

GiveLocalKeepLocal.org has published a comprehensive Tax Credit Guide that addresses any questions you may have. Of course, remember to consult your tax professional before making any financial decisions.

Children's Clinics QCO Code: 20530

**Children's Clinics
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Ways to Give

Children's Clinics is a platinum-designated GuideStar charity. There are many ways you can donate to support the mission of Children's Clinics:

Planned Giving – To make a lasting gift to support the Children's Clinics mission:

- Estate Gift – by naming Children's Clinics as a beneficiary of your will
- Donor Advised Funds – you can direct your Donor Advised Funds to make a donation at Children's Clinics
- Insurance Plans – name Children's Clinics as a beneficiary

Tribute Gifts – Children's Clinics has touched the lives of many. You may make a gift in honor of someone or to commemorate a special occasion such as a birthday or anniversary. Gifts to Children's Clinics are also a thoughtful tribute in memory of someone. Acknowledgement can be sent to the person you have designated or to a family member of the person.

Matching Gifts – Some businesses and organizations will match charitable contributions made by their employees. Magnify your impact and check to see if your employer participates in a matching gift program.

In Kind Gifts – Children's Clinics accepts some new and unused in-kind donations to help support the families we serve. For questions about in-kind donations, please contact us.



Dear Friends,

What an adventure it has been! For 75 years, Square & Compass has provided families in Southern Arizona with an exceptional healthcare facility where children with the most complex medical conditions can receive care. It gives us great pride to know that Square & Compass's original vision of caring for medically challenged children, has not changed in all those years.

Our founders' vision began in a small playhouse with one clear mission in mind: to provide rehabilitation services for children. We have honored that mission, for 75 years, by adapting to meet the current needs of the clinic's patients, whenever possible. Square & Compass, with the help of faithful and generous donors, is able to provide a state-of-the-art facility while lessening the burden on families struggling with unique and complex healthcare needs.

We have proudly been on this journey with Children's Clinics since its founding. Square & Compass owns and manages the building that Children's Clinics has called home for over 30 years. This partnership allows Southern Arizona's pediatric doctors, nurses, therapists, and other specialists to care for our children in a warm and inviting environment. Square & Compass also assists with the cost of healthcare, for uninsured and underinsured children and teens, to lighten the financial burden that often accompanies complex medical conditions.

We are proud of our role in these honorable endeavors, and we're humbled daily by donor contributions that allow us to continue to fulfill this critical mission in our community. We greatly appreciate your support. It makes our mission possible and allows us to assist the children, in most need, in our community. And together we will continue to provide aid to children for many years to come.

With Gratitude,

Van & Amy



Van Elrod
President, Board of Directors
Square & Compass Children's Clinics



Amy Burke
Executive Director
Square & Compass Children's Clinics





Children's Clinics

Comprehensive Care for Kids & Teens

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